Lean on Me
Parent Support Group

Topic: How to Parent an ADHD Child

Be There!
We Care!

Date: Tuesday, February 9th

Time: 6PM—7:30PM

Where: The Notebook Learning Center
3397 Burkland Blvd
Shepherdsville, KY

*** FREE! Childcare (all ages)**
*** FREE! Dinner**
*** FREE! Door Prizes!**

Just let us know you are coming so we can have enough food and childcare providers for everyone!

Please RSVP at 502-955-6252

****** We Support ALL Bullitt County Families !!! ******

Why a Parent Support Group?

- *Natural Supports*
- *Encouragement*
- *Empowerment*
- *Friendships*
- *Knowledge*
- *Understanding*
- *Advocacy*
- *Training*
- *One Voice*

- **Have you been frustrated with your Child's impulsivity, unattentiveness, distractability, or overactive behavior?**

Roberta Alston, from KY-SPIN, will be presenting our topic of "How to Parent your ADHD Child". Come find out how to best Parent your child to overcome these ongoing issues and relieve some of the stress your family is experiencing.

Our Parent Support Group is designed to give you practical and helpful advice to help strengthen you as a parent. Best of all, you will meet other parents and caregivers just like you who want the best for their children and families!

Please RSVP to:
Dana Bixler at (502) 955-6252

Bullitt County "Lean on Me" Support Group is made possible by funding through OFL and Seven Counties Services.